

# Mommy's Hospital Packing List

## for mommy

- |                   |                        |
|-------------------|------------------------|
| -- pants          | -- toothbrush          |
| -- tops           | -- toothpaste          |
| -- nursing bra(s) | -- shampoo             |
| -- underwear      | -- conditioner         |
| -- socks          | -- soap                |
| -- pajamas        | -- deodorant           |
| -- housecoat      | -- hair brush          |
| -- slippers       | -- hair elastics       |
| -- bathing suit   | -- headbands           |
| -- nursing pads   | -- hair pins           |
| -- nipple cream   | -- camera              |
| -- nursing pillow | -- snacks              |
| -- nursing cover  | -- spending money      |
| -- feminine pads  | -- entertainment items |
| -- tucks/wipes    | -- chargers            |
| -- lip balm       | -----                  |
| -- moisturiser    | -----                  |

## for baby

- |                     |                       |
|---------------------|-----------------------|
| -- diapers          | -- burp cloths        |
| -- baby wipes       | -- receiving blankets |
| -- diaper cream     | -- heavy baby blanket |
| -- clothes          | -- infant car seat    |
| -- take home outfit | -----                 |